

## **Mirror Men's Sizing Guide**

### Measuring tips to Assure The Best Fit

**NECK:** When measuring from around the center of the neck keep a finger between the neck and tape to ensure a comfortable fit.

**SLEEVE:** While bending the arm place the tape measure at the base of the neck and follow along the top shoulder and arm to the wrist.

**CHEST:** When measuring the chest, place the tape under the arms and run it around the chest and across the shoulder blades.

**LENGTH:** While measuring the length, it should be taken from the top of the shoulder following the body to the point where the garments ends.

**WAIST:** When measuring the waist it is best to find the nature crease of the waist and run the tape measure around the waistline while placing one finger between the tape and the body for a comfortable fit.

**INSEAM:** For full-length pants, run the measuring tape along the inside of your leg, from just below the middle to about one inch below the ankle.

**HEAD:** Take the measuring tape around the head and above the brow line.

### T-Shirt

<b>SIZE</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>
Chest	36	38	40	42	44
Length	25	26	27	28	29

### Polo-Shirt

<b>SIZE</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>
Chest	36	38	40	42	44
Length	27	28	29	30	31

### Casual-Shirt

<b>SIZE</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>
Collar	14	15	16	17
Chest	38	40	42	44
Sleeve	24.5	25	25.5	26.5
Length	28	29	30	31

### Formal-Shirt

Slim Fit					
<b>SIZE</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>
Collar	15	15.5	16	16.5	17.25
Chest	39	41	43	45	47
Sleeve	24	24.5	25	25.5	26
Length	28	29	30	31	31.5
Shoulder	16.5	17	17.5	18	18.5
Regular Fit					
<b>SIZE</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>
Collar	15	15.5	16	16.5	17.25
Chest	40	42	44	46	48
Sleeve	24	24.5	25	25.5	26
Length	28	29	30	31	31.5
Shoulder	16.5	17	17.5	18.5	19

## **Mirror Women's Sizing Guide**

### Measuring tips to Assure The Best Fit

**NECK:** When measuring from around the center of the neck keep a finger between the neck and tape to ensure a comfortable fit.

**SLEEVE:** While bending the arm place the tape measure at the base of the neck and follow along the top shoulder and arm to the wrist.

**CHEST:** When measuring the chest, place the tape under the arms and run it around the chest and across the shoulder blades.

**LENGTH:** While measuring the length, it should be taken from the top of the shoulder following the body to the point where the garments ends.

**WAIST:** When measuring the waist it is best to find the nature crease of the waist and run the tape measure around the waistline while placing one finger between the tape and the body for a comfortable fit.

**INSEAM:** For full-length pants, run the measuring tape along the inside of your leg, from just below the middle to about one inch below the ankle.

**HEAD:** Take the measuring tape around the head and above the brow line.

### **Kameez**

<b>SIZE</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>
Chest	36	38	40	42
Length	44	44	45	45

## TOPS

<b>SIZE</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>
Chest	36	38	40	42
Length	40	40	42	42